

NCPG Publications

Personal Financial Strategies for Loved Ones of Problem Gamblers

NCPG & NEFE (National Endowment for Financial Education)

This 44 page handbook suggests ways to deal with personal financial issues due to gambling of a loved one before they become a major financial problem...or it can help you recover financially if you have serious money problems.

Problem Gamblers and Their Finances: A Guide for Treatment Professionals

NCPG & NEFE (National Endowment for Financial Education)

This 46 page guide is designed to provide treatment professionals with a basic understanding of the financial issues that confront the problem gambler, and what financial strategies can help the gambler and his or her family stabilize and improve their financial situation. The guide address such issues as the financial warning signs of a gambling problem. It also looks at bankruptcy, financially stressful life events and taxes.

Women Who Gamble Too Much (*Henry Lesieur Ph.D. & Marie Marks, M.A.*) This 12 page pamphlet, written directly to women who have a gambling problem and their loved ones, discusses phases, feminist perspective, concealment and discovery of problem gambling as well as recovery and treatment for women and families.

Problem and Pathological Gambling in America: The National Picture (*Sue Cox, M.Ed, Henry Lesieur, Ph.D., Richard Rosenthal, M.D. & Rachel Volber, Ph.D.*) A review compiled by the NCPG in 1997 of definitions, public policy, epidemiology, social cost and the role of the gaming industry in problem gambling. 45 pages.

Understanding Compulsive Gambling (*Henry R Lesieur Ph.D.*) This 22 page booklet is for anyone trying to better understand the compulsive gambling disorder. It discusses the definition of the disorder, current theories, the progression and where to find help.

Compulsive Gambling: A Concern for Families With Alcoholism and Other Drug Problems (*Henry R. Lesieur, Ph.D. & Shelia Blume, M.D.*) This 9 page pamphlet speaks to the combined issues of compulsive gambling and alcohol and drug abuse. Written for the lay person, it describes phases, effects and how to find help for the gambler and family member.

When Someone You Love Gambles (*Mary Heineman, M.S.W., C.A.C.*) This 20 page booklet, written for the family members and loved ones of a problem gambler, includes brief vignettes that illustrate the disorder and discuss treatment opportunities.

What Is G.A.? (*The Hazelden Foundation*) This one page brochure presents a basic outline of the Gamblers Anonymous program. It offers an overview of the 12 step program and offers 20 practical questions to determine if one has a gambling problem.

Releasing Guilt About Gambling (*Valerie C. Lorenz, Ph.D.*) Resolving guilt is one of the biggest issues facing compulsive gamblers in recovery. This pamphlet explains how guilt is often accompanied by other self-destructive emotions such as anger, fear & rejections.

Compulsive Gambling Recovery Slide (*Valley Forge Medical Center & Hospital Norristown PA, and NCPG*) A visual depiction of the basic signs and progression of problem gambling.

When Luck Runs Out

Robert Custer, M.D. with Harry Milt

For a limited time only, we offer a special slipcover edition of this classic out-of-print book by a pioneer in the problem gambling field.

Journal of Gambling Studies

NCPG & Institute for the Study of Gambling & Commercial Gaming

The journal is devoted to understanding the phenomenon of gambling as a social, economic, legal, psychological, pathological, and recreational activity in society.

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See NCPG website: www.ncpgambling.org for online order form and publications available only through the Internet, including Behind the 8-Ball (Berman/Siegel), The Chase (Lesieur), Pathological Gambling (National Research Council)

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